

Lé de Fojedöra

Distance: 20,6 Km

Difference in altitude: 1.140 m

Duration: 1 h 52 m

Characteristics: despite the short distance, the itinerary can be considered difficult due to the steep incline and the considerable difference in altitude. On the last short, but steep track just before “Kreuzjoch” (Somamunt), the bicycle needs to be pushed. Fantastic 360° panoramic view from the “Kreuzjoch”.

We strongly recommend a short visit to the nearby Colli Alti Lake by foot. The Colli Huts “Hochalpenhütten” are embedded in the green surroundings, while the small hut offers food and beverages for visitors. Marmots and chamois can be seen amongst cows and sheep. Return route on the same gravel road in the direction of Al Plan/S. Vigilio.

1 0 km 1205 m

The route starts at the car park of the “Miara” cable cars in S. Vigilio. Turn right after approx. 70 m and take the asphalt road.

2 1,5 km 1390 m

Turn right at the 2nd crossroad, cross a small river, at the 1st crossroad go straight ahead and then turn right at the 2nd crossroad (barrier).

Now uphill along a forest road, which is not very steep at first. Ignore the right turn at 2.75 km and continue along path 12/19.

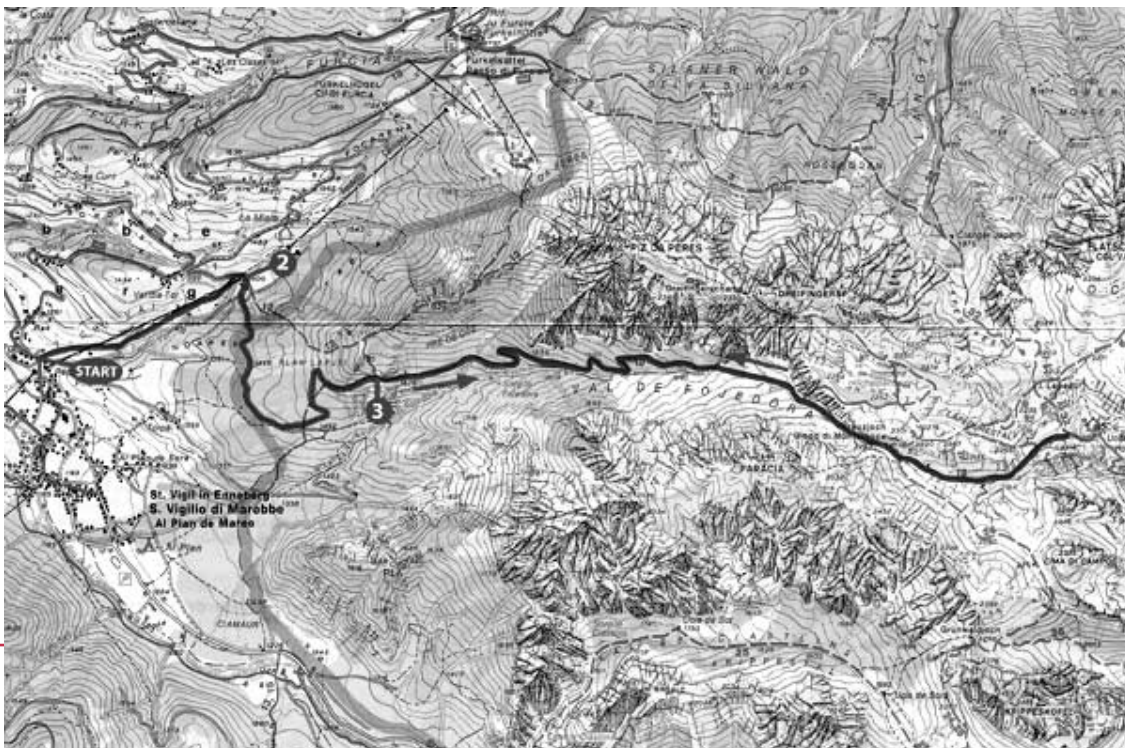
3 4,1 km 1653 m

Left junction of path no. 12. Follow path no. 19 and ignore the right junction. Here, the path becomes steeper and steeper and stonier until reaching the “Kreuzjoch” (Somamunt) after 8.47 km.

Following path no. 3 you can reach the Colli Alti Lake after a walk of approx. 5 minutes. Now descend the gravel road (path no. 19), cycle past a stable (8.81 km) and then cross the alpine pastures of the Colli Alti Huts “Hochalpenhütten” (10.75 km).

4 10,3 km 2070 m

The downhill route to S. Vigilio brings you on the same route as on the uphill journey.



Giro dei Parchi

Distance: 34,4 Km

Difference in altitude: 1.450 m

Duration: 5 h

Characteristics: this is one of the most difficult MTB routes, but also one of the most beautiful and most unforgettable routes in the Fanes - Senes - Braies Natural Park. From Pederü guesthouse you enter the enchanting Fanes Empire with alpine lakes in a crystalline blue (Piciodei Lake, Lago Verde Lake, Limo Lake) embedded between imposing mountains, some of which are over 3,000 metres high (Cima Dieci, La Varella, Conturines). Not far below the peaks of the imposing Vallon Bianco, the Furcia Rossa and the Monte Castello the "Sentiero della Pace" (Path of Peace) winds through. It reminds of the bloody horror during World War I. Crossing the small wooden bridge at the bottom of the Fanes Valley we can follow the traces of knight Franz Wilhelm von Asch-Prack, the Gran Bracun, who managed to escape his enemy by jumping over the ravine of Punt Alt with his valuable horse. Various huts along the route offer catering.

1 0 km 1519 m

Starting point for this route is Pederü.

From the car park turn right and cross the river. Ascend the gravel road to Piciodel Lake (3.42 km).

2 6,3 km 2045 m

Cross road (La Varella Hut). Straight on to the rear of the Fanes Hut (6.6 km).

From here ascend the stony path (no. 10/11) to Limo Lake (8 km).

After reaching the alpine huts keep left and descend the Fanes Valley in the direction of Fiames (path 10/401).

3 16,3km 1528 m

From here you have the possibility of walking to the "Cascate di Fanes" (Fanes Waterfalls).

4 16,6k m 1515 m

Crossing of a deep ravine (bridge).

5 17,9 km 1430 m

On this route you cross a bridge and follow the asphalt road to 18.97 km, a fork where we turn left onto the gravel road in the direction of "Malga Ra Stua" where we reach a car park on the state national.



6 19,5 km 1475 m

Cross an asphalt road and follow the road to the left in the direction of “Malga Ra Stua”. The path is initially steep, but becomes rather flat when following the asphalt road to “Malga Ra Stua”.

7 22,9 km 1724 m

After reaching “Malga Ra Stua” the asphalt road ends, but we continue straight on over the cross road to “Fodara Vedla”. At first rather flat, and then steeper and steeper to “Val Salata” in the direction of Senes(path no. 6). At the cross roads at 27.66 and at 27.96 km straight on.

8 28,5 km 2159 m

From Seneswe descend via the “Fodara Vedla” Huts along a dangerous and steep road to Pederü.



Pederü

Distance: 23 Km

Difference in altitude: 330 m

Duration: 1 h 30 m

Characteristics: this easy route across Rudo Valley is also ideal for families with children and leads to the Fanes - Senes- Braies Natural Park. The scattered small huts at the bottom of the rocky walls of Tamers (Sas dai Tamersc) provide an idyllic impression. Pederü Guesthouse provides an ideal place for a break and for getting an overview of the alpine routes within the natural park.

1 0 km 1186 m Starting point for this route is the Parish Square in S. Vigilio.

Pass the church in a north-easterly direction and turn right in the direction of Pederü after approx. 300 metres. Go gradually uphill past Creta Lake until you reach Pederü, the starting point for other routes Fanes Hut, La Varella Hut, SenesHut and Fodara Vedla Hut).

